

THE WISDOM CORRIDOR PROJECT

### HAMPTON MIDDLE SCHOOL







### Overview

Our students chose to create a Wisdom Wall near our Special Education suite and auxiliary gym. The HMS Wisdom Squad created visual displays to hang in HMS so that whenever a student is having a tough moment, or just wants to get to know the adults in the HMS community better, they can walk through our Wisdom Wall and be inspired. Altogether, there are life lessons and stories from 13 teachers on our Wisdom Wall, and we are getting ready to add another 10 this year. They even ended up creating their own life lesson and story, as a team, about their experience working on this project. The students on the first Wisdom Squad at HMS were recommended by teachers and counselors because they have leadership qualities and needed a chance to use those skills. It was wonderful to see how much they grew as a team over the 6 months of the project! After the wall was finished, our students were surprised with a visit from Deepak Ramola, Project FUEL founder, all the way from India, to share their hard work.







"Watching the kids move from peers to friends was my favorite part. When we started, they really didn't know each other or talk much, but by our last meeting, I couldn't contain the talking and camaraderie. The kids really enjoyed getting to know their teachers! It was great to not only show them the research process, but also challenge them to strive for honesty and accuracy in how they portrayed someone else's words. We are looking forward to replicating this project for many years to come. Having Deepak visit right after we finished our wisdom wall was a great capstone to the project, and we are looking forward to sharing that experience with Richa too! You are amazing and I am so grateful that we were part of this cohort! Our superintendent is already asking us to make this a district wide initiative."

- Dr. Melissa Survinski, Educator















#### **Students**

Brendan Sprankle

Carmella Arnold

Maddy Macioce

Adam O'Connor

Isabel Romul

Mabel Buben

Maria McKaveny

Grace Girard

Sydney Osbourne

### **Principal**

Dr. Marlynn Lux

#### Educator

Dr. Melissa Survinski











# Always be grateful for positive things

### Dr. Fierle



Created by: Mabel Buben

Dr. Fierle's mother inspires her to be grateful for the positive things in life. Her mother, Shirley, has taught her this life lesson by showing strength and grace evenin the hardest times. Through many years of health challenges, Shirley has always been grateful for the little things that bring a smile to her face, like birds singing, looking at family photos, walking her dogs, and a helpful neighbor. Dr. Fierle learned that even when times are tough, feeling grateful for the little things every day can help one find sunshine behind the clouds.









# Mewer Aore Hope

### Mrs. Lang



Created by: Maddy M.

A few years ago, Mrs. Lang lost someone that was very special to her. This caused her to fall into a dark time for a while. During this dark time, it became apparent to her that having hope is one of the most important things someone can have. Especially when battling dark thoughts. Remembering to have hope, even when life is difficult, is one of the most important things anyone can know.









## Do what makes you happy by following your dreams and heart.

### Mr. Lagnese



**Created by: Grace Girard** 

"I had thought I would pursue teaching when I left HS and went to college. But due to some immature decisions, I decided to major in communications. When I graduated college, my dad wanted me to go to law school. I definitely did not want to do that. Instead, I pursued a job relating to my major. After 6 ½ years, I knew I couldn't continue to do something that didn't make me happy. My heart was telling me that I should pursue what I initially thought would make me happy and that was teaching. The rest is history..."









### Try to manage your time as well as you can.

### Mr. Sheets



Created by: Carmella Arnold

When Mr. Sheets was in 10th grade, he got his first job and he let his academics slip, and his grades started to reflect that. His grades became concerning, and he wasn't good at managing time. Mr. Sheets realized that it takes effort to do all the things that need done, but in the end it's something really important to learn to manage your time.









## Being positive is a choice that can have a big impact on your life.

### Mrs. Bolton



Created by: Adam O'Connor

3 special ladies, Gwen, Thelma, and Duggy, always put a positive spin on things and found ways to encourage people. They were always kind to Mrs. Bolton. Her nanny, Duggy, didn't have any wealth or an education, but she always encouraged Mrs. Bolton to be positive and look on the bright side.









## There is always good in the world that you can see

### Mrs. Dolan

Created by: Isabel

When Mrs. Dolan became paralyzed 16 years ago, it was a traumatic experience. But, there were many kind people that helped her. Even though this happened, she didn't think she would change. Watching people be generous with their time is precious. It shows people's characters and it shows who is willing to share their time.









# How need to be brave to try new things

Mrs. Woods

Mrs. Woods had to move and leave her job. It came with a lot of nerves, but she did it. Making the challenging choice had a positive effect on her life. A benefit of being brave and making the decision was that she got to learn about the world, and she got a new perspective of it.

Created by: Isabel Romul









# It's ok to say no to things!

Ms. Bright

When COVID-19 shut down practically everything, Ms. Bright's schedule suddenly opened up. She was finding time for other things other than her jobs! Self-care looks different for everyone, so find something that will help you re-set for the week. Someone may be weighed down and doesn't realize it!

Created by:MaddyM









### Will this matter a week, month, or year from now? If not, let it go!

### Ms. Shaffer



Created by: Maria M.

"When you are stressed out, always ask yourself 'will this matter a week, month or year from now?" If the answer is no, then move on and let it go. My mom always used to say this to me growing up and especially through college. I think about it every time I'm feeling overwhelmed."





